Headteacher: Mrs H Barnes, BA (Hons), NPQH

8<sup>th</sup> October 2025 Our ref: KLB/hsa

Dear Parent / Carers and Students

## Year 13 Mock exams

I am writing with regards to the planned Year 13 internal exams.

The Year 13 internal exams will take place between Monday 3<sup>rd</sup> November and Friday 14<sup>th</sup> November. Exams will take place in the exam hall and under strict exam regulations. We will follow the exam regulations to allow students to experience the setting and familiarise themselves with the examination room. Your child will be informed of the units they need to revise for these exams in advance by their subject teachers.

Please be aware that these grades will inform teachers to make a final decision on your child's UCAS predicted grade.

We are aware that this can be a stressful time for students and for parents. To help support you in supporting your child we are keen to signpost you to this excellent resource: The Science of Well-Being for Parents — Dr. Laurie Santos. The course cover covers a range of topics but starts by how to support your child as they navigate academic pressures. We hope this will be useful for you. We will be providing students with plenty of resources and support to help them manage exam stress throughout the academic year.

All morning exams will start at <u>9am</u> and afternoon exams will start at <u>1pm</u>. We will arrange an early lunch so students are ready for the 1pm exam. Students must ensure they arrive on time for all exams or they may be refused entry. Should any exams go into breaktime, we will ensure that students breaktime is extended.

Students will have a detailed assembly with the full plan and if they have any questions, they are welcome to come and see me.

We wish them the best of luck.

Yours sincerely,

Ms K Brown Exams Officer





